

## Vicente Guerrero: Flexible Daily Work Schedule

6:30 Wake up

7:00 Mass (group will do a reading in English and at least one song.)

7:45-8:00 Set up for breakfast

8:00 Prayer, Breakfast

8:30-9:00 One group cleans up and does dishes, others prepare for work day: change from mass clothes, prepare water, tools, first aid kits, divide into groups if necessary and load van

9:00 As close to 9 am as possible we will begin work.

1:00 Lunch. After lunch one group will clean up while the others have a short rest.

2:00 After lunch we will resume work or prepare for special events.

5:00 If still working we will quit at this point.

5:00 – 7:00 Chores and showers, Free time

7:00 – 8:00 Dinner and clean-up, finish chores if not completed

8:00 – 8:45 Free time

8:45 – 10:15 Evening activity. Prayer. Reflection.

10:15 – 10:45 Prepare for bed- start quieting down

10:45 All youth must be in sleeping rooms by this point \*

11:00 Lights out.

\* It is *extremely important* that the students are quiet by this point. In the past there have been issues with the participants being noisy, which is disrespectful to the Franciscan host community, many of whom wake up earlier than 6:30. While it is not your responsibility to make the participants quiet down, it is important to stress to the group leaders that they need to make the youth quiet by this point.

### **Possible special activities in Vicente Guerrero:**

Some of these activities take place in the afternoon, so we will finish work earlier.

- Sports with the Franciscans

- Trip to a migrant camp (Las Brisas) located at a nearby farm. We go there with one of the Franciscans to visit and play with the youth.

- Trip to La Triqui/ El 13 de Mayo. These are local neighborhoods where we visit with and play with the children.

- Packing plant (Empaque Los Pinos): about 30 mins south of Vicente, the Friars know the owners of this very large vegetable packing plant. We receive a tour of the plant, which packs tomatoes, strawberries, and cucumbers.

- Afternoon at the beach: on the final day of work, groups often work a half day and go to the beach in the afternoon. \*Important safety note: There are EXTREMELY strong currents that run along the coast. We typically do not go in the water “past the ankles.”

- Beach bonfire: groups occasionally go to the beach in the evening one night of the trip for a bonfire and a reflection at the beach. Beware: it can be cold at night!

- Dinner in the community: groups can leave the cloister one night for dinner and eat at one of the local taco stands. LE staff volunteers arrange this, but the cost is covered by the group. Typically it is under \$5 per person. We will need to know at least one day in advance to notify the cook. Those who do not wish to go can stay behind at the trip director’s discretion, but no youth are allowed to stay at the cloister by themselves.

- Mision Santo Domingo is located about 10 minutes north of Vicente. They are ruins of an old Dominican mission.

- La lobera- a long drive (about 1 hour to get there) to a beautiful spot where there are seals hanging out in a cave-like area on the coast. It’s a pretty relaxed trip and maybe just a nice time for people to do some journaling.